

**I. COURSE DESCRIPTION:**

- A. Department Information:  
Division: Social Science  
Department: Human Services  
Course ID: HUMSV 195A  
Course Title: Human Services: Intern Seminar I  
Units: 1  
Lecture: 1 Hour  
Laboratory: None  
Departmental Advisory: Complete at least four Human Services courses required for any of the Human Services Department Certificates (excluding the Alcohol/Drug Studies Certificate).
- B. Catalog Description: An introduction to applied strategies for crisis intervention, case analysis, and therapeutic interventions, and serves as a lecture-based foundation for student's work experience. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).
- C. Schedule Description: An introduction to applied strategies for crisis intervention, case analysis, and therapeutic interventions and serves as a lecture-based foundation for student's work experience. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One**

**III. EXPECTED OUTCOMES FOR STUDENTS:**

Upon successful completion of the course the student should be able to:

- A. Identify the apply strategies of crisis intervention
- B. Describe the strategies used in case analysis.
- C. Discuss and use strategies for therapeutic interventions.

**IV. COURSE CONTENT:**

- A. Crisis Intervention: An Overview
- B. Definitions and Processes
- C. Ethical and Professional Issues
- D. Types of Crises
  1. Developmental
  2. Relationship
  3. AIDS/HIV
  4. Substance abuse
  5. PTSD
  6. Other
- E. Strategies of Crisis Intervention
- F. Strategies in Case Analysis
- G. Therapeutic Interventions
  1. Review of approaches
  2. Assessment
  3. Choosing most effective approach
- H. Analysis of Outcome

**V. METHODS OF INSTRUCTION:**

- A. Lecture
- B. Class Discussion

- C. Guest Speakers
- D. Relevant Video Tapes

**VI. TYPICAL ASSIGNMENTS:**

- A. Create a scenario of a person in crisis and role-play for the class.
- B. Evaluate a role-play done by another student.
- C. Write up a case analysis using the format presented in class.
- D. Read and do a report on a book related to techniques in the helping field.

**VII. EVALUATION(S):**

- A. Methods of Evaluation:
  - 1. Objective or essay examinations
  - 2. Presentations
  - 3. Term paper
- B. Frequency of Evaluation:
  - 1. One mid-term examination
  - 2. One final examination
  - 3. Weekly written assignments
  - 4. Term paper at end of semester

**VIII. TYPICAL TEXT(S):**

Varies with instructors but will include current references.

**IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None**